

Athletic Department—COVID-19 Plan and Procedures

Dear Parents:

The last few months of the pandemic have been difficult for all of us, we understand that our student-athletes have been forced to wait for school athletic activities to begin. The athletic staff appreciate your understanding while we have been considering how to best move forward and keep everyone safe.

We are happy to announce that we are moving forward with our fall sports (volleyball and soccer-- 6th thru 12th grades) activities.

Our student's health and well-being continue to be our highest priority. We are enforcing procedures and guidelines provided by OHSAA and other health agencies. Please be assured that we will take care of our student-athletes and you just as we would take care of our own families.

The COVID-19 procedures below will be followed.

Day of Practice (Anyone experiencing symptoms below must stay home)

- Everyone (coaches, players, spectators) is asked to conduct an in-home self-assessment before arriving to the gym or practice field. Check for the following COVID-19 symptoms:
 - Fever (100.4° or higher)
 - Chills
 - Cough
 - Shortness of breath or difficulty breathing
 - Fatigue
 - Muscle or body aches
 - Headache
 - New loss of taste or smell
 - Sore throat
 - Congestion or runny nose
 - Nausea or vomiting
 - Diarrhea

Each player should do the following:

- 1) Bring their own face mask (should cover nose, mouth, and chin—no sharing)
- 2) Bring their own water bottle, water, and towel (no sharing before, during, or after practices)
- 3) Come dressed to play (locker rooms will be used strictly for restroom purposes).
- 4) We strongly recommend that you travel to the school alone or with your immediate family members.
Try to limit the use of carpools.
- 5) Avoid congregating in the parking lot or common spaces before, during, and after practice.

Upon Arrival to the Gym/Field

- We will take each player's temperature with touch-less thermal scanner.
 - Note - Any player showing signs of a fever or other symptoms of illness as outlined above will be asked to leave.
- We will ask each player five self-assessment questions.
 - ONLY players who pass their assessment questions will be allowed to participate with the team.
- Hand sanitizer and disinfectant supplies will be placed inside and outside.
- All equipment related to the sports activity will be sanitized before, during, and after.
- Players will be required to wear a face mask when not on the field or court of play.
- All spectators must wear a face mask.
- Our coaches will STRICTLY follow guidelines set forth by CDC, State, and local health governing bodies.
- We ask that you adhere and practice six-foot social distancing measures in common areas of the gym or field at all times.
- Locker rooms will ONLY be used for restroom purposes.
- If fever or COVID-19 symptoms are displayed, we will immediately isolate the individual and follow CDC guidelines.

After Practice is Over

- All players will exit through a different door than they entered.
- No congregating will be permitted in the parking lot or common areas after practices.
- All players MUST BE PICKED UP according to their team practice ending time.

Game Day (home)

- Temperature check at point of entry.
- Face mask required.
- Sideline (inside/outside) markings will be spaced apart to allow for 6 feet of social distancing.
- Hand sanitizer available for everyone.
- Spectators capacity: Inside gym-67 seats and Outside soccer field-150 spots (bring lawn chair) .

We are proceeding with an abundance of caution, but we want you to feel as confident as we do when you arrive to our gym or practice field facility.

We look forward to seeing you soon!

Curt Caffey
Athletic Director