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How often should I have my eyes examined?

Patient Age	Examination Interval	
	<i>Asymptomatic/Risk Free</i>	<i>At Risk</i>
Birth to 24 months	InfantSEE Assessment between 6-12 months	At 6 to 12 months or as recommended
2 to 5 years	At Age 3	At Age 3 or as recommended
6 to 18 years	Before entering Kindergarten then annually	Before entering Kindergarten then annually or as recommended by your doctor

Children considered to be at risk for the development of eye and vision problems may need additional testing or more frequent re-evaluation. Factors placing an infant, toddler, or child at significant risk for visual impairment include:

- Prematurity and/or low birth weight
- Difficult or assisted labor, which may be associated with fetal distress or low APGAR scores
- Family history of amblyopia (lazy eye), strabismus (eye turn), retinoblastoma, or congenital cataracts
- Refractive error (i.e. myopia, hyperopia, astigmatism)
- **Contact lens wear** – at risk for several serious conditions including eye infections and corneal ulcers

Patient Age	Examination Interval	
	<i>Asymptomatic/Risk Free</i>	<i>At Risk</i>
18 to 40 years	Every 1-2 years	Annually or as recommended by your optometrist
Age 40	“Baseline” eye exam at age 40	“Baseline” eye exam at age 40
41 to 60 years	Every 1-2 years	Annually or as recommended by your optometrist
60 years or more	Annually	Annually or as recommended by your optometrist

Adult patients at risk include those:

- with diabetes, hypertension, and/or high cholesterol. Patients with these conditions may need more frequent re-evaluation if there are any retinal signs or complications.
- with a family history of ocular disease (e.g., glaucoma, macular degeneration)
- **wearing contact lenses** – contact lens wear places the patient at risk for several serious conditions including eye infections and corneal ulcers.
- who have had eye surgery, including refractive surgery (i.e. LASIK)
- taking prescription or nonprescription drugs with ocular side effects
- working in occupations that are highly demanding visually or eye hazardous