




# Is It Allergies, Cold, Flu, COVID-19 or RSV?

Symptoms	 Seasonal Allergies	 Cold	 Flu	 COVID-19	 RSV Bronchiolitis
<b>Stuffy or runny nose</b>	Often	Often	Sometimes	Sometimes	Often
<b>Sneezing</b>	Often	Sometimes	Sometimes	Rarely	Rarely
<b>Wheezing</b>	Sometimes	Sometimes	Sometimes	Rarely	Often
<b>Itchy eyes</b>	Often	Rarely, never	Rarely, never	Rarely	
<b>Fever</b>	Never	Sometimes	Often	Sometimes	Sometimes
<b>Aches and pains</b>	Never	Sometimes	Often	Sometimes	
<b>Headache</b>	Rarely	Often	Sometimes	Sometimes	
<b>Cough</b>	Sometimes	Often	Often	Often	Often
<b>Vomiting</b>	Never	Rarely	Sometimes	Sometimes	Sometimes
<b>Warning time</b>	Symptoms occur after exposure to allergen	Gets worse over several days	Sudden onset	Variable	Gets worse over several days
<b>How long it lasts</b>	Weeks to months	Usually 3-14 days	Usually 10-14 days	Usually 10-14 days	Usually 2-3 weeks
<b>Diarrhea</b>	Never	Rarely	Rarely	Sometimes	Sometimes
<b>Loss of taste or smell</b>	Never*	Never*	Never*	Sometimes	
<b>Shortness of breath/difficulty breathing</b>	Never	Rarely	Rarely	Sometimes	Often
<b>Fatigue</b>	Never	Rarely	Often	Sometimes	
<b>Sore throat</b>		Often	Often	Sometimes	

\* Stuffy nose can temporarily alter smell and taste but these senses are not lost completely.

\*\*Occurs most commonly in children younger than 2 years old.



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